



## Team Seeding Information

Due to IHSA Wednesday, January 10 – 11:59 p.m.

---

### Instructions

1. Coaches must go to the link below and complete the online seeding form by the deadline listed above.
2. An average team score will be computed by the IHSA Office, based on the seeding policy below.
3. After the online summary forms have been received, the IHSA Office will assign schools to regionals in accordance with Section VI. A. of the Girls' Gymnastics Terms and Conditions.

### Seeding Policy

1. The scores used for team seeding shall be from gymnastics meets where the team score was determined by adding four (4) scores on all events.
2. Each team will average their top three (3) scores to come up with their seed score.
  - a) Dual or multiple meet scores can be used only once.
  - b) If a team competed in a meet that used three scores for team scoring, whether four or more competitors were used, that score cannot be used as part of the seeding information.
3. Schools with individual competitors only will be assigned to a regional geographically following the sectional complex meeting. Schools with only individual competitors do not need to submit these forms to the IHSA Office.

PLEASE DO NOT FAX OR EMAIL YOUR SCORES.

Online seeding scores are due by 11:59 p.m. Wednesday, January 10th.

NOTE: If you submit your scores early and have a better score leading up to January 10, you must contact the IHSA directly to submit a new form.  
Email Emma Carstens ([ecarstens@ihsa.org](mailto:ecarstens@ihsa.org)) to submit a new form.  
All scores submitted must be current.